

# VITAL SIGNS



VOL II No. 8 Naval Regional Medical Center, Orlando, Florida

1 May 1980

## HM1 Rich receives medal



Captain Zimble pins Navy Commendation Medal on HM1 Rich as Debra Rich supervises

On 1 May, Captain Zimble presented the Navy Commendation Medal to HM1 David Rich for his meritorious service as a Pharmacy Technician on board the USS YOSEMITE (AD-19) from 13 August 1976 to 10 October 1979.

The Citation read in part "....Petty Officer Rich consistently performed his demanding duties in an exemplary and highly professional manner.... Realizing the outdated manual methods of record keeping within the Medical Department were incompatible with the consistently increasing administrative workload, Petty Officer Rich developed the Medical Department Automated Data Processing System.... This system is now being used as a guide for similar programs in other units throughout the Naval Surface Force....By his exceptional professionalism, initiative and selfless devotion to duty, Petty Officer Rich reflected great credit upon himself and the United States Navy Service."

## Nurses plan celebration



Birthday Committee hard at work: LTJG V. G. Melidosian, LCDR C. L. Chick, Chairwoman, ENS M. Porterfield, and LT Russ. Not present for the picture was LTJG R. E. Troxell.

On 13 May, the Navy Nurse Corps will be celebrating their 72nd birthday. LCDR Carol L. Chick, NC, and her committee have been busy planning for the traditional cake cutting ceremony.

The ceremony will be held in the Wm. G. Lawson Room, on the 13th, starting at 1300. A highlight of the celebration will be the announcement of the winner of the Most Outstanding Junior Nurse of the Year award. The winner, selected by his/her peers, will receive a \$100 check from Rear Admiral Bartholomew W. Hogan, MC, USN (Ret.), and a certificate. Admiral Hogan has donated the award money for the past seven years.

All hands are cordially invited to attend the ceremony and enjoy birthday cake and coffee.



Who's Who?

HM1 Tedin

HM1 Winston Tedin, Educational Services, was honored recently when he was elected to Who's Who Among Students in American Universities and Colleges. Petty Officer Tedin received the award in recognition for outstanding merit and accomplishment as a student at Columbia College for Orlando for the 1979-1980 semester.

Dennis Wagner, Columbia College Coordinator presented the award on 9 April with Captain Zimble on hand to extend his congratulations. Petty Officer Tedin was the only student elected to the Who's Who Among Students from the Orlando branch of Columbia College.

Whooizzit???

DO YOU KNOW THIS STAFF MEMBER? (Answer on Page 8,)

Armed Forces Day 17 Ma

We're sorry you're leaving!

CDR N. J. Stewart, NC, to NRMCLinic, Pearl Harbor  
 CDR M. L. Regis, MC, to civilian life  
 LCDR J. R. Moore, MSC, to NRMC Portsmouth  
 LCDR R. F. Dy, MC, to NRMC Subic Bay  
 LT D. H. Rosenbaum, MSC, to NRMC Naples  
 HM2 R. L. Pott to civilian life  
 HM3 G. Burgess to civilian life  
 HM3 D. Baker to civilian life  
 HM3 T. Williams to civilian life  
 HMC H. Billeck to Fleet Reserve  
 HN D. Straub to FMSS Camp Lejeune  
 HN P. Hamill to FMSS Camp Lejeune  
 HM2 L. Bacon to Branch Clinic, Iwakuni  
 HM3 C. Fete to 1st MAW, Iwakuni  
 HN P. Hill to NSHS San Diego  
 HN S. Wakefield to 2nd MarDiv, Camp Lejeune  
 HM3 H. Morris to FMSS Camp Lejeune  
 HM3 T. Berlin to FMSS Camp Lejeune  
 HN G. Henry to USS R. L. Page (FFG-5)  
 HM3 L. Halverson to FMSS Camp Lejeune  
 HM3 L. Miller to 2nd FSSG, Camp Lejeune  
 HM3 C. Leatherwood to 2nd MarDiv, Camp Lejeune  
 HM3 P. Guzman to 3rd MarDiv, Okinawa  
 HN J. Murray to USS BARRY (DD-933)  
 HM3 D. Piantoni 2nd FSSG, Camp Lejeune  
 HN S. Denny to 2nd FSSG, Camp Lejeune  
 HN R. Forester to NavHosp Guantanamo  
 HM3 R. Aciego to 2nd FSSG, Camp Lejeune

Vital Signs Staff

Editor:  
 HMCM(SS) R. C. Clements, USN  
 Managing Editor:  
 Mary V. Van den Heuvel  
 Nursing Service Subeditor:  
 CDR N. J. Stewart, NC, USN  
 NRMC Annex Subeditor:  
 MMCM H. T. Hill, USN  
 Reporter/Photographer:  
 HM3 E. Kehoe, USN

VITAL SIGNS is published in compliance with NAVEXOS-P35 (Rev. JAN74) and printed by the Navy Publications and Printing Service Branch Office, Orlando, from appropriated funds.

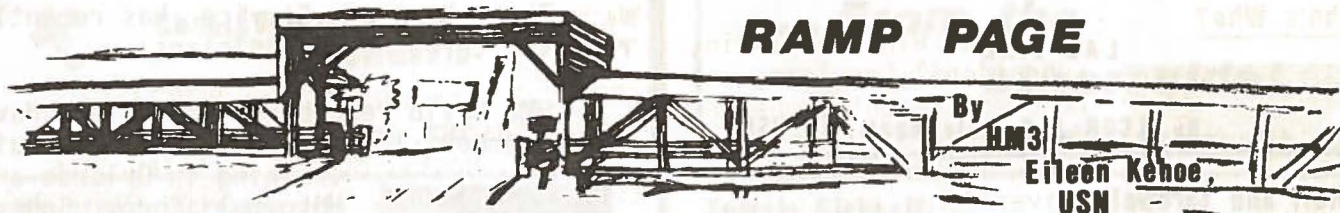
Commanding Officer: CAPTAIN J. A. ZIMBLE, MC, USN  
 Editor: HMCM(SS) R. C. CLEMENTS, USN

Content of this publication does not necessarily reflect the official views of the Department of Defense. All copy submitted for use in VITAL SIGNS must reach the Editor's Office, H-008-1, Bldg. 3000, by noon of the 16th of the month.

VITAL SIGNS reserves the right to edit or reject copy to comply with its policy. In reprinting material appearing in VITAL SIGNS appropriate credit must be given.



## RAMP PAGE



By  
HM3

Eileen Kehoe,  
USN

### What was your reaction to the hostage rescue mission?



John Julian, Fiscal & Supply: I think it should have been done the first month that it happened. It's a little too late now... the Iranians were waiting for this.

TEHRAN •



HN J. Dina, Psychiatry: I approved of the mission but was disappointed in the results. I question the validity of parts of the government's explanation.

MESHAD

HM3 R. Cruz, HumResManSvc: We were justified in trying, but unfortunately it failed. I hope we don't discontinue our efforts to free them.



HM3 D. L. Richardson, Patient Affairs: Put the paperwork in the G.I. can and let's go gettem!

IRAN



LCDR C. Bolet, MC, Psychiatry: In a complex military mission, having factors not totally known to us, our main consideration will be to feel the deepest respect and pride for those who fulfilled their orders with complete commitment.



Joyce Sienia, Patient Affairs: We have had 175 days to plan a rescue operation and to have it fail was damaging to our credibility with other nations and places the hostages in further danger.

• SHIRAZ

CDR J. Porter, NC, Nursing Service: I'm sorry it failed. It should have been done before this. It's like any other ball game -- you win, you're a hero; you lose, and you're a bum.





## LAB LINE

By LCDR J. D. Cotelingam, MC, USNR

Hail and farewell

1980 is certainly flying past, and it is already time for some farewells and welcomes!

CDR Joe Beene will leave us in June for NRMC, Portsmouth, where he will serve as Laboratory Administrative Officer. During his four years with us, CDR Beene has most ably coordinated numerous responsibilities, including his role as director of the Florida Area Blood System, administrative assistant, and equipment coordinator for the new hospital. His willing, mature, attitude, coupled with his technical skills and abilities has enabled this laboratory to receive national accreditation. On behalf of the entire staff, I want to thank CDR Beene for all he has done. Our best wishes go with him and his wife, Paula, and their children, Randy and Michelle. Our loss will be Portsmouth's gain.



CDR Joe Beene, MSC

HMC Henry Billeck will retire in June after 20 years of service to the Navy. For the past eight years, Chief Billeck has been the supervisor of our semi-automated chemistry laboratory and has been largely responsible for the day-to-day working of this division. He has always maintained a high professional and technical standard. His immaculate appearance and track record have been a source of great pride to us. Our best wishes go with the Chief and his wife, Sunell, and their children, Theresa, Deborah and Brian. We are assured that a great future lies ahead for you Chief, wherever you may go.



HMC Henry Billeck

The Laboratory Service has recently received three new technicians:

HM2 David Pennebaker joined the Navy in November 1975 and attended Recruit Training in Orlando and Hospital Corps School at Great Lakes. He has served aboard the USS YOSEMITE (AD-19) and attended Lab School at NSHS Portsmouth. Petty Officer Pennebaker is married to the former Nan Thi Nguyen of Saigon and they have two children, Andy and Amy. He enjoys golf, camping and sight-seeing.



HM2 Pennebaker

HM3 Joe Towe came to Orlando from 29 Palms. He is a graduate of Laboratory School, NRMC, Oakland. He is married and he and his wife, Melissa, have a daughter, Sherri. Petty Officer Towe is active in the Calvary Assembly and is studying for the ministry. His interests are coin collecting and photography. This summer he plans on taking scuba lessons.



HM3 Towe

HM3 Laurell Smith came to Orlando from Roosevelt Roads, PR. She is a native of Tuckahoe, New Jersey, and joined the Navy in 1977. Her parents live in Florida and maintain a ranch. Petty Officer Smith enjoys animals, art, music, and solitude.



HM3 Smith

LCDR Mike Pratt joins the Laboratory staff on 2 May. He will serve as administrative assistant and Blood Bank Officer. He comes to us from Georgia State University, where he recently received a Master's Degree in medical technology. Prior to working toward his masters, he was Officer in Charge of the Blood Bank at NRMC, San Diego. Welcome Aboard!





## Chaplain's Comments

By CDR W. E. Tumblin, CHC, USN

### Giving credit increases life

Lamenting the proclivity to gain weight in all the wrong places while kidding with some ICU staff members recently, we found a safe scapegoat in our genes. Whether true or not, I took the lead in attaching blame to those demon genes that made me become thick while another remained thin as we both ate some fudge.

Honestly, though, this is just another variation on blaming my parents for my own undesirable behavior (my refusal to say no) and my own failure to keep my life emotionally balanced. Blaming our parents for our mistakes seems to be a rampant tendency that each of us has to deal with in some way.

I (along with many others) recently heard just the opposite, however. I heard a man publicly praise his parents for their upbringing, faithfulness, and support while he entered the Navy, married, fathered five children, and advanced through the ranks to E-9 during 23+ years of active service. He gave them credit for assisting him in achieving several goals. What a breath of fresh air!

In the plant world, roots are the source of nurture and stability. Roots serve as channels of nourishment and, while not seen on the surface generally, nevertheless are vital for productive life. God commands his people to "honor thy father and thy mother: that thy days may be long upon the land which the Lord thy God giveth thee." Honor both of your parents through a forthright expression of appreciation this spring. Honor their Godly values, genuine care, and faithful provision for physical needs. We wouldn't be here today, as we are, without them. Most important of all, thank God for the positive strength your parents have provided through the years.

The best antidote for scapegoating is genuine, uplifting praise.

## *... From the other side!*

By HMC L. Houseworth, USN

### Female Sickcall

Female Sickcall serves both active duty and recruit female personnel. Recent changes to sickcall hours for recruit personnel were made to reduce the length of the patient waiting time and alleviate overcrowding in the sickcall area. The current hours for recruits are 0730 for Division 7, RIF and STD, and 1300 for Division 9. This change, along with the relocation of the Recruit Health Records to a centralized area, has greatly enhanced the continuity of service to the patient and, more importantly, improved the overall patient care contact.

Female Sickcall also provides a GYN Clinic for the female recruits. This service is limited to recruits because of staff and space limitations. The GYN Clinic hours for recruits are 0730 and 1200 daily with the exception of Tuesday afternoons and Thursday mornings when the Clinic is closed. In addition to treating recruits with GYN problems, the Clinic also holds a Rubella lecture on Thursday mornings at 0730. Only those recruits who are determined to have a low Rubella Titer level are required to attend the lecture and receive the Rubella vaccine.

Active duty personnel are seen at 0730 and 1300 daily in Female Sickcall. However, they are also encouraged to utilize the over-the-counter drug program. This program, although not physically located in Female Sickcall, is a service which they can utilize to obtain medications for minor illnesses not requiring the attention of a medical officer.



Fund drive

4 May - 9 June



# Shrimps & Subs

## CRA hosts beach party



17 April

at the "Ropeyarn"



Happiness is...

To The Corps?



Our Gourmet Chefs

Watch it!



Goad's  
Toads



Naval Bun-quet

X-Ray- ted





Wet "T" Shirt Contest  
Judges

When You Say  
"Subs" To  
Some People...→



Filing It Away!



Keg Watch



Just Ducky



The Posse



Watch the Bird~ie



## Do you want to be a Clinical Assistant?

Applications for the next clinical assistant program are now being accepted. Interested personnel in pay grades E-3 through E-5, who have more than one year remaining at this command, may apply. Applicants must have a strong desire to work in sick call as primary healthcare providers.

Submit your special request chit, through your Chief of Service, in time to reach the Human Resource Management Service no later than 7 May. Classes will be held from 19 May to 20 June. Any further information contact CW02 Woodruff at X4260 or X4261.

## Noted for excellence - May inspection

LCDR F. Isaac, MC  
LT E. McCorvey, MSC  
ENS M. Leorza, MSC  
HM1 D. Rich  
DT1 D. Hackett  
HM1 E. Manley

## We're glad you're here!

HM1 P. M. Johnson from NavRegMed Clinic, Pearl Harbor  
HM1 F. H. Dickens from Det B, 2nd FSSG  
HM3 W. H. Smith from Med Bn, 2nd FSSG  
HM3 S. T. Stutzka from NavRegMedCen Yokosuka  
HM3 B. E. Hoodye from 3rd FSSG, Okinawa  
  
HN F. A. Albino from FMSS Camp Lejeune  
HN A. L. Jordan from FMSS Camp Pendleton  
HA I. Pabon from NSHS SDIEGO  
HA J. Mason from FMSS Camp Lejeune  
HA I. Velezsantiago from NSHS SDIEGO  
HA M. Despres from HCS GLAKES  
HR S. Holler from NSHS SDIEGO  
HR W. G. Hyneman from NSHS SDIEGO  
HR D. G. Petroski from HCS GLAKES  
HR T. D. Coltrane from NSHS SDIEGO  
HR D. E. Lee from FMSS Camp Pendleton  
HR K. L. Houston from FMSS Camp Pendleton  
HR M. S. Marabillas from FMSS Camp Pendleton



## FEDERAL WOMEN'S PROGRAM

By Carolyn Smith, NRMCS FWPM

### A look ahead

Attendance for Captain's Call showed a marked improvement and some interesting questions were discussed. Captain Zimble answered questions in regard to the move to the new hospital facility. The projected outlook does not include any budget cuts or any reduction in force.

Our next In-House Program will be on 21 May at 1330 in the Wm. G. Lawson Room. The presentation by LCDR L. D. Crafton, MSC, USN, Chief, Occupational Health and Preventive Medicine Service, and Dorothy Smith, Occupational Health Nurse, is entitled "Navy Occupational Health, 1980."

The Tri-Command luncheon for National Secretary Week with Evelyn Calloway as guest speaker was a huge success. One of the floral arrangements given as a door prize was donated by NRMCS Civilian Recreation Association.

### Federal awards luncheon to be held 15 May

The Central Florida Federal Management Association will hold their annual awards luncheon at noon, Thursday, 15 May, at the Mariner's Club.

The CFFMA Awards Program is designed to increase the prestige of public service by recognizing Federal civilian employees who have performed exemplary work for the Federal Government and for the community in which they live.

During the luncheon, the Federal Manager of the Year, the Employee of the Year, and the Special Emphasis Employee of the Year, will be named. In addition, all employees nominated for these awards by their agencies will be recognized.

All civilian employees are encouraged to attend. Guest speaker will be Art Grindle. For further information and to purchase tickets (\$5.00) contact Joyce Dover at X4311 or X4312.



**NURSING****SERVICE**

By CDR M. J. Stewart, NC, USN

**Esprit de Corps**

"Esprit de Corps (es-prē de Kôr) (French, "spirit of body") - a sense of union and common interests and responsibilities, as developed among a body of persons associated together."

Century Dictionary

"You can buy a man's time. You can buy a man's physical presence in a given place. You can even buy a measured number of skilled muscular motions per hour or day -- but you cannot buy enthusiasm... you cannot buy initiative... you cannot buy devotion of hearts, minds, and souls."

Clarence Francis

I think there are some of us who feel that loyalty is something that is bestowed upon us when we become an officer, a petty officer or that it's one of those "benies" that comes with our job when placed in a position of leadership. Well, it just doesn't work that way and for those people out there who are complaining that loyalty is dead, I strongly disagree. Comments of that nature merely reflect the frustration of those who can't or haven't bothered to develop the warm, direct, person-to-person relationships with their subordinates or peers that lead to loyalty.

It's human nature to have to be convinced that our superiors do have our personal interests and problems at heart... everyone needs to know that ... and it can be done. Whatever your job, you can develop a feeling of loyalty among people. The key to loyalty is deserving it... and showing that you do.

The only people in my book who deserve loyalty are those who give loyalty. These people are really sincerely and genuinely interested in the present and future of others and appreciate the viewpoints, problems, hopes and ambitions of others. People who deserve loyalty deal

with others openly, honestly, and fairly. They delegate responsibility and develop people and give and share credit liberally.

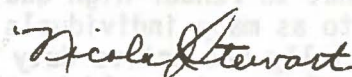
It takes all this and sometimes even more to earn a person's loyalty. Those people who complain about the lack of loyalty, I'd be willing to bet, are those same people who bad mouth their peers and subordinates, who won't delegate or develop others for fear of losing some of their power.

So, lack of esprit de corps is a strong indication of poor management.

But folks, we got it! ... and it's getting stronger and stronger each day. It's so exciting to walk down the ramps today and see the enthusiasm bubbling. There is even an indefinable quickening of the pulse when the good things that are happening to NRMC are mentioned. Esprit de Corps is alive and flourishing at NRMC, Orlando!

LT Greg Holeman, NC, will be taking over my job of Editor of the Nursing Service column of Vital Signs. It is my desire that you give him the same support, praise, comments, feedback in general, that everyone so freely gave me.

Aloha, farewell, 'til I see you once more!


**National Foot Health Week 9 - 15 May**

The Department of Podiatric Medicine, NRMC Annex, will observe National Foot Care Week by holding an Open House on Saturday, 10 May, 0900 - 1200, Bldg. 246.

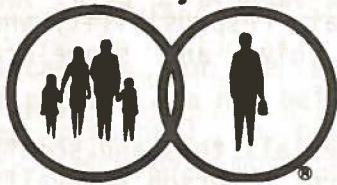


All eligible health care beneficiaries are invited. The clinic will provide Podiatric consultation and individual instruction on proper foot care on a walk-in basis.

National Foot Health Week is sponsored by the American Podiatry Association.



## the Family Line .....



By CAPT C. Victor Romano, MC, USNR

The Uniformed Services Academy of Family Physicians' annual assembly

During the week of 14 April through 18 April, the Uniformed Services Academy of Family Physicians (USAFP) held its 7th Scientific Assembly in Fort Worth, TX. This year, the host service was the USAF and they are to be complimented for their efforts in presenting a well balanced and highly informative scientific meeting. The guest speakers included such individuals as: Doctor Michael DeBakey; Doctor Kenneth Cooper; Doctor Gordon Deckert; and the special guest lecturer was Doctor John H. Moxley, III, Assistant Secretary of Defense for Health Affairs.

Doctor Moxley was particularly interesting and informative regarding the medical readiness of the military; cost containment in military hospitals, status of the physicians' pay bill; and his support of the Family Practice Concept of Medicine in the Military. It was his opinion that to render high quality medical care to as many individuals as possible, especially the active duty and active duty dependents, it would be the responsibility of Military Family Physicians. His comments were sincere concerning military medical care and they were greeted warmly by the assembly. It has been apparent for many years, by we individuals in Family Practice, that the answer to an ideal health care delivery system rests upon the shoulders of Family Physicians working in close harmony and professional consultation with other medical specialties.

The new president of USAFP for this year is Captain Ira Horton, MC, USN, Chief, Family Practice Department, NavReg MedCen, Charleston. We in the Navy are proud to have Captain Horton as our president. In a few short years, this organization has grown from only 15 members to

2nd Annual Zipper Cup Competition

In a startling slugfest under the lights, NRMCM's #1 Softball Team defeated NRMCM Annex 17-7 in four and one-half innings to capture the Zipper Cup Trophy for the second time. The game was highlighted by a total of nine home runs; 8 for NRMCM's #1 team and 1 for the Annex. The long ball hitters were:



Zipper Cup

LCDR A. Wright - 1  
LT D. Rosenbaum - 2  
LT D. Thomas - 1  
LT E. Niec - 1  
CWO2 J. Bishop - 1  
HM1 R. Girswood - 2  
HN T. Miller - 1

The NRMCM Annex utilized several pitchers, but NRMCM #1 stayed with HM2 Paul Mowbray who pitched an excellent game.

After the game, a proper and fitting celebration was held by all members of both teams.

NAVY - It's the right time to stay

All the benefits you need to get ahead are right here in the Navy. You can further your education, earn an extra stripe, run your own shop and build a career in just about any field you choose. So if you're within 12 - 24 months of reenlisting, now's the time to look into what the Navy can offer you!

936 active members which, in the national organization, ranks higher than some states.

The 8th Annual Scientific Assembly will be held in April 1981 in Memphis, with the USN as Host Service.

Family Line "Quotes"

"God grant liberty only to those who love it, and are always ready to go and defend it."

Daniel Webster





## Master Shipwreck

HMCW(SS) R. C. Clements, USN

### Education - who needs it?

Education is, and has been, one of the single, most important mechanisms to improve one's posture in society. There are different levels of education; some required by law and others required as a stepping stone to advance to a higher level. After elementary and high school education are completed, further education is elective and accomplished according to the desires of the individual. In today's society, education is necessary to understand modern advances in technology and determines the degree of success attainable and makes one more competitive in any selection process. Diplomas, degrees and certificates are, in many situations, required credentials for certain positions and, in some cases, used as collateral in financial dealings. Everyone needs more education to satisfy monetary goals, advancement potential and job satisfaction.

Educational opportunities are unlimited for members of the NRMC Orlando staff. There are many colleges and universities located in the greater Orlando metropolitan area and most have a participating night school program for out-service education.

Continuing Medical Education credit is required for physicians, nurses, nurse practitioners, physician assistants, and other members of the medical profession to maintain specialty credentials and licensure in certain states. There is no requirement for CME credit in the Navy; however, it is felt that promotion potential is enhanced by participating in continuing medical education.

The Navy has recently authorized two new educational programs for the enlisted community. The Associate Degree Program offers highly qualified and motivated

career enlisted personnel the opportunity to attain an Associate of arts/science degree. The Enlisted Commissioning Program is an undergraduate education program which provides a new opportunity for outstanding Navy men and women on active duty, with previous college credit, to complete their Bachelor degree studies and earn a regular commission in the unrestricted line. The primary consideration in selecting ECP candidates will be their potential for upward mobility and their academic ability.

Although obtaining additional education does not guarantee one of an automatic advancement to the next higher rank/rate, it will never decrease the potential for advancement.

The Campus for Achievement office at the Naval Training Center and the Educational Services office at NRMC will provide up to date information on the degree completion programs, high school GED testing, CLEP testing, tuition aid, G.I. Bill, and assistance in consolidating transcripts.

Education is an on-going process and should be pursued at every opportunity. The rewards are unlimited and satisfying. Take time now to assess your educational background and future.



### A note from Oakleaf Auxiliary

The Oakleaf Auxiliary sponsored a Country Jamboree on 19 April at the Officers Club. Entertainment was provided by Back Porch Sunday, a local country western band. A great time was enjoyed by all who attended thanks to the fine effort by Ron and Mary Black and their committee. There is talk that this may become an annual event.

Mrs. Ellen Kemp will be installed as the President of the Oakleaf Auxiliary on 1 May. Thanks to Jimmie Moore for the fine job during her tenure as President.





## ASK THE SKIPPER



By CAPT J. A. Zimble, MC, USN

### Priorities

In this issue of Vital Signs, I shall address one specific segment of the hospital staff. Please take heed, however, for my comments with only minor modifications may apply to others on the staff.

Nothing irritates me more than hearing the expression, "I'm a DOCTOR first, then a Naval Officer." Such comment, suggesting an immediate need to assign precedence of function, is usually elicited when a Navy physician is challenged regarding the length of his hair! That comment, or words to that effect, gets under my skin because it is so patently absurd. It implies that a Navy doctor is two people, Dr. Jekyll and LCDR Hyde, MC, USNR, whose separate and distinct responsibilities are in tumultuous conflict with one another. On the contrary, being both doctor and military officer should rarely create an adversary situation.

In fact, each of us is many more than two people. We are U.S. citizens, Naval personnel, medical care providers, church members, political party registrants, spouses, parents, homeowners, baseball fans, Indian guides, etcetera ad nauseum. In each of our multifaceted roles we have responsibilities which require our special attention. The priorities vary within the individual situations; seldom are they exclusive and contradictory.

My obligation to take out the garbage at home does not interfere with my duty to perform a Pap smear or my requirement to wear a clean shirt or my function to sign an official report. The coalescence of all our responsibilities incurred from our various roles, our execution of those responsibilities and our accountability for them make each of us unique.

Don't cop out with phoney priorities. A tapered haircut does not inhibit proper recognition of an aortic insufficiency murmur.



### CRA NOTES

By Joyce Sienia



A short comment on the CRA Beach Party. Those who did not attend missed a delicious shrimp feast and subs, an excellent band, beer that lasted, and a great time. Thanks to everyone who helped to make it a big success.

CRA BIRTHDAY GREETINGS TO: Holland Wilkerson on 1 May; Richard Cohen on 7 May; Mary Anthony on 8 May; Gloria Carter on 9 May; Jessie Howell on 15 May; Elizabeth Cochran on 17 May; Lovie Tompkins on 18 May; Mary M. Ramsey and Mary N. Ramsey on 27 May.

### Disney World special

Walt Disney World is offering Armed Forces Days Special tickets for \$8.50 each for members of the armed forces, civilian employees, and families. Price includes unlimited use of Magic Kingdom attractions during normal operating hours except for Shootin' Gallery, Discovery Land and River Country. Get your tickets today from HMC Stockberger. Armed Forces Days will run from 17 May - 1 June with the cut-off for ticket sales on 24 May.

### Whoooizzit?



It's Betty Mullen, Secretary to the Director, Nursing Services. Betty has a total of 17 years service with the Federal Government. She has served with Department of the Army (Japan), Air Force (Morocco and Germany), and Navy (Bethesda and Orlando). Betty came to NRMC in September 1975 from NTEC and worked for Internal Medicine Service. In April 1977, she was promoted to her present job. Betty claims West Hartford, Connecticut, as her hometown.